



# GONDWANA UNIVERSITY, GADCHIROLI

(Established by Government of Maharashtra Notification No.-MISC-(2007)/(322/07) UNI-4 Dated 27<sup>th</sup> Sept. 2011 & Presently a state University governed by Maharashtra Public University Act, 2016 (Maharashtra Act No. VI of 2017))

## (Office of the Sports & Physical Education)

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Date : 26/07/2023

To,  
The Principal,  
All Participated College/HOD, PGTD,  
Gondwana University, Gadchiroli

### Subject :- Conduct of Physical Education Classes for the Colleges Students.

Sir / Madam,

This is to inform you that all under-Graduates students in all Faculties of the University who opt for physical education, should attend Physical Education Periods Thrice a Week Physical education Classes shall commence from **1<sup>st</sup> August and continue up to 31<sup>st</sup> January, every year.**

Every Students shall attend a minimum of 60 periods in a session and each period of physical education shall be of 30 Minutes Duration. They should attend such classes in proper uniform. The Lecturer in Physical Education should maintain Regular Attendance Registers and Dairies showing details of the work done throughout the session and submit them to the Principal of the college for inspection.

Regular Physical Education classes conducted by the Lecturer in Physical Education of the college so that students achieve the university standard prescribed for the Physical Efficiency Test. These classes shall be conducted every day morning and or in the Evening in batches of not more than sixty (60) students. Attendance at these classes shall be compulsory and subject to the discipline of the college.

Principal is requested to forward a copy a Time Table of Physical Education Classes of current year to this office positively.

Annual Physical Efficiency Test shall be conducted in every college in the month of **January 2024 and Results, Reports concerning annual Physical Efficiency Test should be forwarded to the undersigned by the 10<sup>th</sup> February 2024 for information and such action as it may deem necessary by the Board of Physical Education.**

The College shall make all arrangements for the conduct of Physical Efficiency Test and also provide all the facilities for promoting Physical Education, Game & Sports for students (Adequate Play Ground, Equipment, Gymnasium, Journals book etc.) and it is desired that each college must participate in at least 6 games in inter collegiate Tournaments conducted by the University every years.

Your co-operation is earnestly solicited in organizing various program of Physical Education Games and Sports for the students as to create awareness regarding Health & Fitness amongst them and to encourage students to participate in the Physical Education & Sports activities.

Dr. Anita Lokhande

Director

Sports & Physical Education  
Gondwana University, Gadchiroli